



**London GfA Floor and Vault Competition 2017**  
**Deductions and Rules Booklet Levels 3-6**  
May 2017

# LONDON GYMNASTICS

## GfA Deductions and Rules Booklet



<b>FLOOR JUDGING</b>			
Artistry Deductions Throughout (BOYS & GIRLS)			
Insufficient variation of tempo / rhythm	0.1	0.3	
Lack of Expression	0.1		
Lack of Confidence	0.1		
Lack of range of moves/skills within the routine	0.1	0.3	
Insufficient use of Floor area according to height	0.1	0.3	
Specific Floor Deductions			
Missing A, B, C, D or E move			0.5
Wrong move for level			0.5
Touch of hair/ leotard (each)	0.1		
Music and movement not in harmony (GIRLS)	0.1	0.3	
Lack of variety of transitions (BOYS)	0.1	0.3	
Missing Composition Requirement (CR)			0.5
Out of bounds with one hand or foot	0.1		
Land out of floor boundary or both feet/hands out		0.3	
Routine Overtime		0.3	
No music (GIRLS L4 OR HIGHER)			0.5
Not ending in time with music (GIRLS)	0.1		
Coaching from the side (verbal or visual cues)		1.00	
Execution Deductions (each time)			
Bent arms or bent knees	0.1	0.3	0.5
Balance / Flexibility (Group 2) not held for 2 secs		0.3	
Leg or knee separations	0.1	0.3	
Insufficient height of elements	0.1	0.3	
Insufficient split in dance elements	0.1	0.3	
Incomplete turns /twists	0.1	0.3	
Insufficient tuck/pike/stretch	0.1	0.3	
Body Alignment	0.1		
Feet not pointed/loose	0.1		
Landing Faults (each time)			
Landing from tumbles (step)	0.1	0.3	
Trunk movements to maintain balance	0.1	0.3	
Extra Steps up to 0.8	0.1		
Very large step or jump		0.3	
Deep squat			0.5
Touching Apparatus or floor			0.5
All falls		1.00	

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<b>General Vault Judging</b>				
Support from Coach	3.00 mark deduction from final score			
Coach leaning on / touching apparatus	1.00 mark deduction from final score			
If a gymnast runs & stops (without touching the springboard or equipment) they may have one additional run up.				
If a gymnast makes an error and scores a zero on BOTH vaults, if time allows, they will be allowed to go again BUT their score will not count.				
<b>FIRST FLIGHT PHASE</b>				
Incomplete turn	0.1	0.3	0.5	
Hip Angle	0.1	0.3		
Arch	0.1	0.3		
Bent Knees	0.1	0.3	0.5	
Leg or knee separation	0.1	0.3		
<b>REPULSION PHASE</b>				
Staggered/alternate hand placement	0.1	0.3		
Bent Arms	0.1	0.3	0.5	
Shoulder Angle	0.1	0.3		
Touch with one hand				1.00
Failure to pass through vertical		0.3		
<b>SECOND FLIGHT PHASE</b>				
Lack of height	0.1	0.3	0.5	1.00
Incomplete turn	0.1	0.3		
Insufficient length (distance)	0.1	0.3	0.5	
Bent Knees	0.1	0.3	0.5	
Leg or knee separation	0.1	0.3		
<b>LANDING FAULTS</b>				
Extra Steps each time	0.1			
Very large step (guideline – 1 metre) each		0.3		
Extra arm swings	0.1			
Additional trunk movements to maintain balance	0.1	0.3		
Body posture fault	0.1	0.3		
Deep squat		0.3	0.5	
Deviation from centre line	0.1			
Brushing apparatus with hands/arms			0.5	
Support on mat or apparatus with 1 or 2 hands				1.00
Fall on mat to knees or hips				1.00
Dynamics	0.1	0.3	0.5	
Fall on or against apparatus				1.00
<b>INVALID VAULTS</b>				
Vault not on list for Level	Void score 0.0			
Run past vault but with touch of springboard	Void score 0.0			
No touch on vault table / Vault / Block	Void score 0.0			
Incomplete vault	Void score 0.0			
Not landing feet first	Void score 0.0			

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<b>Vault Judging</b>				
Vault Judging for the Straight Jump onto Block				
Run Up				
Slows before reaching Springboard	0.1	0.3		
Run up springboard	0.1	0.3		
Double Bounce		0.3		
Body Shape on springboard		0.3		
Arm swing	0.1	0.3		
Stop on springboard		0.3		
Jump from Springboard				
Lack of height		0.3		
Body Shape	0.1	0.3		
Bent Knees	0.1	0.3	0.5	
Legs apart	0.1	0.3	0.5	
Feet not stretched	0.1	0.3		
Position of arms	0.1	0.3		
Lack of control	0.1	0.3		
Landing on Block				
Deviation from straight line	0.1	0.3		
Body shape	0.1	0.3		
Arm position	0.1	0.3		
Arm swing to maintain balance	0.1	0.3		
Deep squat	0.1	0.3		
Feet apart	0.1	0.3		
Extra steps	0.1	0.3		
Fall				1.00
Dismount from Block				
Deviation from straight line	0.1	0.3		
Body shape	0.1	0.3		
Arm position	0.1	0.3		
Arm swing to maintain balance	0.1	0.3		
Deep squat	0.1	0.3		
Feet apart	0.1	0.3		
Extra steps	0.1	0.3		
Fall				1.00

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<b>Vault Judging for the Handspring Flat Back</b>				
60cm / 100cm safety landing modules				
<b>First Flight</b>				
Hip Angle	0.1	0.3	0.5	
Arch	0.1	0.3		
Legs Separated	0.1	0.3		
Knees Bent	0.1	0.3	0.5	
Shoulder Angle	0.1	0.3	0.5	
<b>Repulsion</b>				
Shoulder Angle on Contact	0.1	0.3		
Lack of Repulsion	0.1	0.3	0.5	
Bent Arms	0.1	0.3	0.5	
<b>Second Flight</b>				
Failure to maintain straight body position	0.1	0.3	0.5	
<b>Landing</b>				
Failure to maintain shape on landing	0.1	0.3		
Arms not held straight and by ears	0.1	0.3		
<b>General</b>				
Insufficient dynamics	0.1	0.3	0.5	
Lack of body tension in any phase	0.1	0.3	0.5	
Legs separated	0.1	0.3	0.5	
Knees Bent / toes not pointed (each)	0.1	0.3	0.5	
Bent arms	0.1	0.3	0.5	

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### Pin thresholds at levels 3-6

Pin thresholds				
	Level 3	Level 4	Level 5	Level 6
Minimum floor score required	8.5	14.00	14.25	14.5
Maximum floor score possible	10.0	16.0	16.0	16.0
Execution (out of 10.0) – Level 3 only				
Execution (out of 10.0) / Moves (out of 4.0) / CRs (out of 2.00) – Levels 4-6				
Minimum vault score	10.2	10.8	11.4	12.0
Maximum vault score	As tariff			
<p>Details about the transition from previous levels to the new ones is set out on page 2 of the new GfA Levels Booklet.</p>				

### Music (for girls only)

It is the coach's responsibility to ensure the music used is licensed for use in the UK. For clarification, please search and ensure the title appears on the repertoire section of the PPL UK site: <http://bit.ly/PPLMusicSearch>

Music can use voice as an instrument eg humming, but no vocals. Music with words or unlicensed music will incur a ZERO score. Choreography (and music choice) should be suitable for the age of the gymnast.

### Age of entry

Gymnasts must be born in 2010 or earlier to compete in GfA Levels 1 or 2 in 2017. Age of entry assumes gymnasts have competed the lower levels before allowing them to compete at Level 3, therefore, for 2017 gymnasts competing in Level 3 must have been born in 2009 or earlier.

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### General competition entry rules

- Entry is open to all London Affiliated Clubs
- All entries must be completed electronically by BG Gymnet and payment made via credit or debit card
- It is the club's responsibility to ensure all gymnasts, coaches and judges have up to date, accurate information on Gymnet, including the correct spelling and DOB. Any qualifications must be up to date
- Gymnasts enter the competition weekend and once the programme is complete they will know if they are competing on the Saturday or the Sunday. Days and times of competition cannot be changed
- The club **MUST** check the competition entry **BEFORE** submitting the entry to ensure all gymnasts are entered in the correct level. Changes cannot be made after the closing date.
- Please ensure all parents are aware they cannot contact the competition organiser.
- FLASH photography is strictly prohibited for the safety of all gymnasts, please ensure spectators are aware of this.
- A minimum (no maximum) of 2 coaches are required for each club. Warm Up and Competition Arena are in separate areas.

### Sportsmanship Rules

Failure to follow these rules can lead to a 0.30-1.0 deduction or disqualification

- Gymnasts may not leave the arena without permission from the Competition Organiser / Head Judge or Senior Marshall
- Coaches are responsible for the welfare of the gymnasts from their club at all times
- Gymnasts and coaches must obey Warm Up Marshalls and adhere to warm up timings
- All gymnasts in Levels 3-6 must be at presentation and dressed appropriately in either competition attire or full club tracksuit. They should be instructed by coaches to sit sensibly
- Gymnasts & coaches must treat Competition Officials (Marshalls, Judges, other coaches etc) with respect at all times
- Coaches must be appropriately dressed in tracksuit bottoms or leggings to the ankle, t-shirt or a polo shirt; hair should be tied back and jewellery removed
- Mobile phones may only be used by coaches in the arena to access scores on gymdata
- No other use of mobile phones is permitted. Videoing or photography may only be done from behind the audience seating area

### Gymnasts' clothing

Incorrect clothing will result in a 0.50 deduction from the total score

- **Girls:** Appropriately fitting, long or sleeveless leotard; tight-fitting gymnastic shorts and/or gymnastics shoes may be worn. Light eye-shadow may be worn if aged 13+
- **Boys:** Appropriately fitting sleeveless leotard and gymnastics shorts, gymnastics shoes may be worn
- Gymnasts should **NOT** be wearing make-up unless they are of secondary school age. It should then be minimal if used
- In the event of a gymnast being inappropriately attired, the Competition Welfare Officer can direct the performance to be halted

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### Appeals

<b>Jury of Appeal</b>
In the event that an appeal or complaint is made regarding a gymnasts' start value (D Score Only) coaches must follow the following procedure:
1 - Fill out an Appeals form and hand this into the Judging Convener with £10.00 cash before the change over in the rotation. Forms available from the control desk
2 - The Judge Convenor will discuss your appeal with the judges concerned and look at the video evidence from the scoring system (if available). If other video evidence is available, the coach may put forward ONE other piece of evidence only
3 - If the appeal is seen to be correct then the score will be changed and the appeal fee will be returned to the coach
<b>Please note:</b> a gymnasts' score will not be changed unless the above have been upheld

### Appeal form

<b>Appeal form</b>	
Gymnast's name:	
Gymnast's number:	
Gymnast's club:	
Coach's name:	
Gymnast's panel:	
Competition level:	
Apparatus:	
Reason for appeal:	
Response:	
Head judge signature:	
Original score:	New score:
Judge convener signature:	
£10.00 received / returned	



### **GfA JUDGES CHARTER (Information for Clubs and Judges)**

1. It is important for all clubs wishing to be involved in London GfA Competitions to ensure that they have members of their club who have attended, at least, Level 1 Judging courses.
2. Club and Regional level (and above) qualified judges in other disciplines may also be acceptable at our competitions.
3. Clubs must nominate a named judge or judges for each weekend in which they are entering gymnasts.
4. Nominations of judges are part of the Competition Entry system – it is the club's responsibility to ensure that their judges are listed on the BG system.
5. Clubs must ensure that the Judges are aware that they will be required for the whole weekend.
6. Only in exceptional circumstances will judges be able to be nominated for just one day of a weekend, and this can only be done following discussion with, and agreement by, the Judges' Convener.
7. It is clubs responsibility to ensure that their named Judge is fully aware of the dates and times for which they have been nominated.
8. Any club that does not have a nominated judge available for the whole weekend in which they have competitors will be fined £100.00
9. The list of all judges for both weekends will be published as part of the Competition Workplan. Clubs have a duty to pass this information on to their Coaches and Judges.
10. Judges wishing to withdraw and/or change their rota must inform the Judges' Convener within three days of the published list, taking into account the following-
11. Where a nominated judge withdraws from the published programme – and is the only judge nominated by the club, then that club will be fined £100.00.
12. Where a club does have other named judges on that weekend, the fine will be
13. £50.00 for each withdrawn judge.
14. Where a judge withdraws, but is able to nominate a substitute judge (not previously listed), there will be an administrative charge of £20.00 levied against the club.
15. Any changes made later than this three day period will carry the full £100.00 fine. Exceptional circumstances for withdrawals will be taken in consideration.
16. NOTE: These fines are with regard to the whole weekend of judging. If a judge pulls out of one day of the weekend the above fines system will still operate.

#### **JUDGES**

1. You must arrive in good time for the Judges' Meeting and be wearing appropriate attire and shoes.
2. You must behave professionally at all times.
3. If a coach approaches you with regard to a score, refuse to talk to them and refer them to the Master Judge for your Panel area.
4. Do not make loud comments about a gymnast's performance.
5. Do remember to be pleasant to all the competitors - a smile costs nothing.
6. Before leaving the arena at the end of the day, check with the Judges' Convener that is correct for you to do so.